

Edmonton John Howard Society is a non-profit, community based crime prevention agency serving Edmonton since 1949. Through our programs and services, we work to prevent crime and to help people affected by crime.

We Believe...

That every individual has intrinsic worth and has the right to be treated with dignity and respect.

In the potential of all human beings and in their capacity for growth and change.

That all individuals have the right to live in a safe and peaceful society and that justice is best served through measures that resolve conflict and restore harmony.

That individuals are responsible for their own actions and must be held accountable for those actions.

That the root causes of crime are found within communities and that the solutions to crime are also found in communities.

In serving community needs by cooperating and collaborating to achieve a healthy and safe society.

We appreciate the contributions of our funders, supporters and members.

Funded by:

Adult Support Services  
**United Way of the Alberta Capital Region**

Edmonton Remand Centre Programing  
**Alberta Justice and Solcitor General**



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# ADULT SUPPORT SERVICES

To create a safe and supportive environment for our participants as they begin to make changes in their lives. Adult Support Services is the bridge for our participants to access resources and information, while empowering them to reach their individual goals.



# SAFETY & HARMONY IN OUR COMMUNITY

## Our Program...

- Is open to participants 16 years of age and older.
- Can be accessed by individuals with or without Justice Status.
- Offers long term and short term one on one support.
- Operates on a voluntary first come first serve basis.
- Adheres to Client Centered, Strength Based and Harm Reduction models.

## Our Services...

- Provide a safe and supportive environment.
- Provide supportive conversations to encourage participants to overcome obstacles they may face.
- Provide knowledge of community resources such as; basic needs, housing, legal services, community meals, education and counselling services.
- Assist participants to complete applications (employment, education, identification, funding etc).
- Provide free one and two day facilitated Building Foundations Programs for Employment, Financial Literacy and Anger Management.

### Referrals/Resources:

- Encourage and teaches participants to advocate for themselves.
- Work in collaboration with other community agencies.

### Record Suspensions:

- Provide information and assistance with record suspensions.

### Bail Support:

- Assist individuals to navigate the bail process in the Detention Management Unit.

### Institutional Supports:

- Assist with pre and post release planning for those transitioning from Federal or Provincial prison systems into the community.
- Provide institutional supports to incarcerated persons (via telephone).
- Provide institutional programming in the Edmonton Remand Center.

### Employment Preparation:

- Assist with resumes writing, job search, interviewing techniques.
- Support with job maintenance and resolve workplace conflicts.
- Provide ongoing employment support.

### Building Foundations:

The employment Workshop is focused on teaching resume building, job searching, networking, interview preparation, job maintenance, job expectations and career planning.

The Basic Financial Literacy workshop is to better understand banking, savings, taxes, how spending money can be helpful or harmful, understanding credit, what a credit score is and compound interest.

The Anger Management workshop is focused on teaching communication skills, introduction to emotions, fight or flight response, anger and aggression and the differences, taking time outs, attack thoughts, negative thinking and taking responsibility.

### Referrals:

- Self referrals or referrals from friends, family professionals.
- Walk in or call during office hours

### Gang Exit and Community Outreach Services

**(GECOS)**- A province wide project with Alberta Justice and Solicitor General. We are partnering with Calgary, Red Deer and Grand Prairie John Howard Societies to provide a streamline service. The program is available to anyone incarcerated or individuals who have been released back into the community and want to leave a gang life. To participate in the program, individuals must exhibit willingness and motivation to address and achieve mutually established goals. The interventions will address participant need in the areas of education, employment, financial support, treatment, housing and prosocial supports.

### Integrated Offender Management (IOM) - A

partnership with Edmonton Police Services, RCMP, and the Integrated Offender Management Team. The objective of the partnership is to work with prolific offenders who have been identified by the team as having complex needs to organize and find positive natural and professional supports to help the individual meet their goals. Referrals accepted from the Integrated Offender Management Team.

### Hours of Operation:

<b>Monday to Friday</b>	<b>8:30am – 11:30am</b> <b>1:00pm – 4:00pm</b>
<b>Wednesday Open</b>	<b>8:30am – 11:30am</b>
<b>Closed</b>	<b>12:00pm - 4:30om</b>
<b>Saturday and Sunday</b>	<b>Closed</b>